



**BAUMAN
COLLEGE**

HOLISTIC NUTRITION + CULINARY ARTS

ONLINE PROGRAM

NUTRITION CONSULTANT

Get the skills and training to provide expert recommendations for diet, including targeted nutrients and lifestyle habits, through our 12-month, 100% online Nutrition Consultant Program. Graduate with the knowledge and know-how to support individual, community, and global health through whole-foods nutrition.



ONLINE ACCESS, CLASSROOM FEEL

Weave education into your schedule with our 100% online Nutrition Consultant Program. Our program combines modern technology with personalized attention to give you the support you deserve.

- Complete coursework anywhere, anytime
- Connect through live, interactive lessons
- Build community with small class sizes
- Receive support from a dedicated team

CAREER OPPORTUNITIES

Upon graduation, you can work in a variety of settings and locations:

- Private Practice, Shared setting with other Holistic Practitioners, Doctor's Office, Chiropractic Office, Acupuncture Office
- Wellness & Retreat Centers, Spas, Online, Virtual Events
- Health Food Stores or Natural Pharmacies
- Community Centers, Schools, Senior Centers & Hospitals
- And More!



OUR CURRICULUM

Blending scientific research, real-life application, and a business curriculum designed for a nutrition professional, Bauman College prepares you for a holistic career helping others with integrating healthier food and lifestyle practices into their daily lives.

GRADUATES LOVE US!

"Bauman College gave me an in-depth knowledge of holistic nutrition and anatomy, coupled with an understanding of the challenges people experience and how we can use the food that we eat to encourage the highest quality life that we can." – Nancy Chang



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REVIEWS



★★★★★ **Hannah Maschwitz**

This program enabled me to start my own Nutrition Consulting Practice, something I never thought I would be able to do!



★★★★★ **Suzanne Chasalow**

I had first looked at doing this course over 20 years ago, then had twins and everything else took a back seat to raising them! As they turned 18 and the pandemic made unexpected space in my life, I jumped in and am so, so happy that I did! I learned more than I ever imagined, not only about nutrition, the science behind it all, but also how what we eat and all of the other factors, such as sleep, stress, exercise, impact our wellbeing. After graduating from this course, I immediately started seeing clients and feel very well prepared to begin this new chapter in my life as I help people take steps to start to find healing through food and lifestyle. There is a business course section to help you learn all those pieces as well!



★★★★★ **Melissa Perez**

I am so glad to have taken the chance to apply to the Nutrition Consultant Program. The instructors and staff are wonderful. The knowledge I have learned thus far has been life changing! I am grateful to have the tools necessary to take charge of my health and assist others in doing the same. Shout out to the HNC team!



★★★★★ **Helen Gaydos**

I completed the Nutrition Consultant course at Bauman College. This is a fascinating, science-based, rigorous course that considers healthy lifestyle choices with an in depth look at how food and lifestyle affects the systems in the human body. This course has brought peace for me around food, allowing me to fully enjoy food without guilt or misunderstandings about how to eat. For example, I have stopped counting calories and instead I enjoy a broad range of 'whole foods' with a good balance of macro and micro- nutrients.



★★★★★ **Carla Curry**

"I have received a high quality education in the Holistic Nutrition Consultant Program at Bauman. It covers anatomy and physiology, chronic diseases and how to help heal the body through nutrition. I carry with me a new perspective on food and how it heals the body. It has made a difference in my life."

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TO READ THESE REVIEWS IN THEIR
ENTIRETY, SEE MORE REVIEWS, OR
WRITE YOUR OWN REVIEW

