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# Integrative Health Pathways with ACHS:

Enhance your current credentials and career path

Hosted by Amanda Heller and Amy Swinehart

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# ACHS: Who are we?

- Founded in New Zealand in 1978
- Accredited by the Distance Education Accrediting Commission (DEAC)
- Flexible, online, innovative integrative health and wellness education
- Offering professional development, micro-credentials, certificates, diplomas, undergraduate and graduate degrees in integrative health
- Proud Certified B-Corp



# Meet your Speakers



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# ACHS Programs



## Micro-Credentials: *Learn, Earn, and Build Your Holistic Skills Portfolio*

### Professional Micro-Credentials:

- Certified Dietary Supplements Professional (CDSP) Exam Preparation Program
- Certified Aromatherapy Safety Professional (CASP)

### For Lifelong Learners:

- Master the Basics of Ayurveda
- Master the Basics of Aromatherapy and the Power of Smell
- Master the Basics of Herbal Preparations
- Master Herb Gardening for the Home Herbalist



*Earners are issued verified credentials by Credly.*



## Undergraduate Certificate Programs

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- Certificate in Aromatherapy
- Certificate in Herbal Studies
- Certificate in Integrative Health & Fitness Training
- Certificate in Holistic Nutrition Consulting
- Certificate in Natural Product Manufacturing
- Certificate in Wellness Consulting





## Undergraduate Diploma Programs

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- Diploma in Aromatherapy
- Diploma in Herbal Studies
- Diploma in Holistic Health Practice\*

\*Pre-approved program by the NANP that qualifies you to sit for the board exam.







## Undergraduate Degree Programs

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- Associate of Applied Science in Integrative Health Sciences\*
- Associate of Applied Science in Health and Wellness\*
- Bachelor of Science in Integrative Health Sciences\*
- Bachelor of Science in Holistic Nutrition\*

\*Pre-approved program by the NANP that qualifies you to sit for the board exam.







## Graduate Certificate Programs

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- Graduate Certificate in Aromatherapy
- Graduate Certificate in Herbal Medicine
- Graduate Certificate in Holistic Nutrition
- Graduate Certificate in Wellness Coaching
- Graduate Certificate in Integrative Health and Wellness





## Graduate Degree Programs

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- Master of Science in Aromatherapy
- Master of Science in Integrative Health Sciences\*
- Master of Science in Herbal Medicine
- Master of Science in Holistic Nutrition\*
- Master of Science in Health and Wellness\*

\*Pre-approved program by the NANP that qualifies you to sit for the board exam.



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# The ACHS Admissions process and student experience





# The ACHS Student Experience

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## Time Investment

Commit a minimum of 9 hours per week for each class.

Enjoy reading, writing, hands on assignments, discussion board interaction, lesson material via mixed media, and weekly exams.

## Schedule

Once accepted, develop your Academic Plan for success with your advisor.

## Flexibility

Log in each week when it's convenient for you

Access your classroom and library resources 24/7

Submit your assignments/participation/quizzes by Sunday each week





# Admissions Requirements

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## Undergraduate Students

- Admissions Assessment
- Proof of Identity (Copy of ID)
- Official Transcripts
  - If no college – HS Diploma or GED
  - Prior college if applicable, including technical or vocational school transcripts
  - Additional transcripts may be required for students using military education benefits

## Graduate Students

- Admissions Assessment
- Proof of Identity (Copy of ID)
- Letter of Recommendation
- Official Transcripts
  - BA/BS Degree
  - Transcripts for graduate level or higher coursework
  - Additional transcripts may be required for students using military education benefits



## Transfer of Credit

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### Transfer of ACHS Credit to Other Institutions

Transfer of credit is always at the discretion of the receiving school, generally depends on comparability of curricula, and may depend on comparability of accreditation. ACHS does not guarantee any transfer of credit.

### Transfer of Credit to ACHS

Prior credit is evaluated and when equivalent, applied to ACHS required course(s) with the training period shortened proportionately. The ACHS Registrar's Office reviews transfer of credit for all applicants accepted for admission to ACHS and evaluates all official transcripts received from the issuing institution.

At the Associate (Undergraduate) level – Maximum of 36 of the 60 credits required may be awarded for transfer credit. [1]

At the Bachelors (Undergraduate) level – Maximum of 90 of 120 credits required may be awarded through transfer of credit. [1]

At the Masters (Graduate) level – Maximum of 18 of the 36 credits required may be awarded through transfer credit. [1]



## Earning Credit by Exam

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Challenge exams are available to students who are able to demonstrate proficiency in the course learning outcomes through education or experience, but may be ineligible for transfer of credit.









Challenge examinations consist of the final exam for the current course and require the exam to be proctored. In courses that culminate in a final paper, the challenge exam consists of comparable writing assessments.

The passing score for challenge exams is 70%.

No more than 25% of the credits towards a degree can be obtained through examinations and are subject to ACHS's maximum allowable transfer of credit requirements in combination with transfer of credit for earned academic credit.

You will need to apply for the Challenge Exam and there is a \$75 fee per exam.

## What does an ACHS education cost?

 Undergraduate	VS	 Graduate
 <b>Undergraduate Tuition:</b> \$372 per credit hour		 <b>Graduate Tuition:</b> \$578 per credit hour
 <b>Fees, Course Pack Kits, Books, and Shipping:</b> ~\$305 per course		 <b>Fees, Course Pack Kits, Books, and Shipping:</b> ~\$305 per course
 <b>Avg. cost per 3 credit class:</b> \$1421		 <b>Avg. cost per 3 credit class:</b> \$2039

\*One time registration fee for a full program is \$200 and for single courses is \$30 per credit.

\*\*Tuition and fees are subject to change.





## Overview of Funding Options

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- Semester payments – Pay as you go each semester
- In-house Payment Installment Plans
- Employer tuition reimbursement or tuition assistance
- Veteran's Benefits
- Military Tuition Assistance
- Workforce Investment Act (WIA) funds
- Trade Adjustment Assistance (TAA) program
- Vocational Rehabilitation & Employment (VR&E) program
- Scholarships
- Americorps Education Award
- Private loans
- Crowd-funding
- Financial Aid (Available to qualifying students enrolled in eligible programs)



## What's next?

- Submit Application
- Order Official Transcripts
- Grad Students Only: Letter of Recommendation

Once your application is complete, your advisor will present it to the Admissions Committee for review on your behalf.

You'll hear back within a 2-3 days on their final decision, and your advisor will reach out to discuss the next steps.

### Important Upcoming Spring 2022 Dates:

Application Deadline – November 26, 2021

Registration Deadline – December 10, 2021

Semester Start – January 10, 2022



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# Professional Pathways



## ACHS Graduate Opportunities

Our graduates have shared achieving a wide range of professional successes!

### Great Resources

- Alumni in Action
- ACHS Ambassadors
- ACHS Alumni Practitioner Database

**ACHS.edu/alumni**

A word cloud on a dark blue background featuring various professions in different colors and sizes. The professions listed include: yoga-instructor, wellness-consultant, holistic-health-practitioner, holistic-skin-care-specialist, fitness-trainer, vitamin-store, blogger, acupuncturist, reiki-practitioner, herbalist, massage-therapist, aromatherapist, doula, author, chiropractor, educator, nutrition-consultant, nutrition-coach, business-owner, and natural-product-manufacturer.

yoga-instructor  
wellness-consultant  
holistic-health-practitioner  
holistic-skin-care-specialist  
fitness-trainer  
vitamin-store blogger acupuncturist  
reiki-practitioner herbalist  
massage-therapist  
aromatherapist doula author chiropractor  
educator nutrition-consultant  
nutrition-coach  
business-owner  
natural-product-manufacturer





## Nutrition State Law Disclosures

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If you are interested in pursuing a career in nutrition or dietetics, you should consult with the appropriate state board to assure that your credentials will allow you to achieve your professional goals. Many states have enacted laws that regulate the practice of dietetics and nutrition services. You can also view more information: <https://achs.edu/nutrition-state-law-disclosures/>.

NANP also provides extensive resources which is why we encourage students and graduates to join and participate in the active NANP community!



## Your 10-Day Track Towards Enrollment Success

Follow our 10-day track towards enrollment success to maximize your opportunities in the upcoming semester:

- Day One: Complete your ACHS Application + Send Official e-Transcripts to ACHS
- Day Two: Meet with your ACHS Admissions Advisor
- Day Three: Complete your 2021-2022 FAFSA Online
- Day Seven: Meet with your Financial Aid Advisor
- Day Nine: Select your Spring 2022 Courses
- Day Ten: Finalize your ACHS Enrollment

**Apply Online Today**  
**[www.ACHS.edu](http://www.ACHS.edu)**

# Let's Connect

How can we support your success?

Contact [admissions@achs.edu](mailto:admissions@achs.edu) anytime, or visit [www.achs.edu/speak-achs-admissions-advisor](http://www.achs.edu/speak-achs-admissions-advisor)

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# Questions?

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