



**NUTRITION
THERAPY
INSTITUTE**

We're on a mission.

The health of our country is in serious decline.

In 1999, we decided to do something about it: teach people how to eat for health and explain the science behind it.

We teach our students to become the teachers, and the teachers are making a difference.

What makes NTI different from other nutrition schools?

We teach not only *what* to do, but *why* to do it.


Creating Optimal Health through Nutrition Education.

Nutrition Therapy Institute

303-377-3974

NTISCHOOL.COM





NTI believes that food is medicine

We know that good nutrition is the foundation for optimal health. Our teaching goes beyond a “one size fits all” approach to eating by exposing our students to a variety of nutritional philosophies along with a rigorous grounding in science.

Our students learn the skills necessary to meet the individual needs of their clients to help transform their health through the regenerative power of food. And in the process, students also become healthier versions of themselves. Upon completing our program, our graduates are prepared to work with clients in a wide variety of clinical settings.





In a time when food and health are most important, NTI has a plan

Since 1999, Nutrition Therapy Institute (NTI) has provided a cutting-edge, science-based curriculum that gives a wide array of individuals the skills they need for rewarding careers in nutrition therapy. Our students represent a range of ages, experience and skills — from individuals who want to build exciting careers as nutrition therapists to those looking to deepen their understanding of nutrition and healing such as chiropractors, massage therapists, yoga teachers and personal trainers. NTI stands for academic excellence. If you are seeking the best holistic nutrition program in the country, look no further. At NTI you will be challenged, empowered and inspired.

Flexible

You can take courses with our online Group Start cohort during four terms of the academic year – Fall, Winter, Spring, Summer.

Or, experience our courses as a self-paced Independent Start student any time of the year. You choose your own schedule.

Adaptive

You can be a full-time or part-time student, or adapt your pace according to your life needs. You can complete the program in as little as 12 months or up to 3 years.

Self-Paced

Our multiple class times for online classes mean that you can make our program work for your schedule.

Online Program

Many students find that learning at a distance offers the flexibility ideal for maintaining balance with jobs, families and other commitments. The online program includes videos and lectures on-demand, including downloadable audio recording, so you can listen to the lectures at your convenience. There are also regularly scheduled webinars with course instructors.



Follow Your Passion

Nutrition Therapist Master Certification Program

This 500-hour program consists of twelve 10-week courses, and one 20-week course.

Courses include:

- Anatomy and Physiology for the Nutritionist
- Biochemical Foundations of Nutrition
- Nutrients: The Building Blocks
- Nutrition Therapy in Practice
- Weight Management and Sports Nutrition
- Life Cycles and Healthy Aging
- Digestion and Detoxification
- Pathophysiology and Clinical Applications
- Research and Communications
- Nutritional Endocrinology and Reproductive Health
- Introduction to Herbology, Supplements, and Nutritional Lab Reports
- Independent Study
- Business Readiness and Coaching Skills

The NTMC program can be completed in 1 to 3 years



Graduates

Courtney Robson

NTM

I chose NTI because I wanted to get an in-depth education that would prepare me with all the knowledge I needed to have confidence in running a nutrition practice of my own. I received that and so much more! The entire experience was incredible and I feel so fortunate to have found such a great place to receive my education. NTI aligns exactly with my holistic health perspective and I could not wait to learn more and more as the classes went by. Now as a graduate, I feel so prepared for what is ahead in my career. NTI also has a great network of graduates and the teachers and staff are wonderful to work with. This place is a wealth of knowledge and I am so fortunate to have found it! Teaching and curriculum are supreme! It's been so beneficial for me not only to prepare myself for a new career in holistic healthcare, but also for myself and my family. Understanding what is taught at NTI is truly life changing.

Laurie Rein

NTM

You would be hard-pressed to find another school like NTI for a science based-holistic nutrition education. The courses are challenging, yet informative and fascinating. The staff is always helpful and the faculty is top-notch.

Kelly Dwyer

MNT, BCHN®

NTI is guided by science! As research uncovers new insights about nutrition & health, NTI leads the way with cautious, critical thought. NTI doesn't prescribe one way of eating, but approaches nutrition through the lens of nutrient density and supporting mind-body health. NTI teaches that "good nutrition" is full of layers, nuance and complexity & the program helps student sort out what a specific client might need. Faculty greatly enrich learning by sharing their clinical experiences.

Kristin Whitaker

NTM, BCHN®

Nutrition Therapy Institute is exactly what I was hungry for! I jumped in with enthusiasm, eager to learn and was thrilled with the span of scientific knowledge, academic learning, depth and breadth of the content. There is a perfect marriage between more conventional knowledge and treatments and holistic understanding and applications. It was hard. It stretched me. I grew so much. It was worth it! I am excited to pursue a career in nutrition and grateful for my roots at NTI.



Faculty

NTI's faculty is trained to the highest standards of the profession...

Our faculty is comprised of Naturopathic Doctors, other health practitioners, and graduates of NTI's Master Nutrition Therapist program. They maintain successful practices with specialties in diverse fields such as women's health, fertility, cardiovascular healing, digestion, environmental health, mental health, pre-pregnancy health, pediatrics, allergies and autoimmune disorders.



Dianne Koehler, MNT, HHP

NTI Director

Dianne Koehler is a graduate of NTI, long-term instructor at the school, and as Academic Dean, played an integral role in the development of our curriculum. She is passionate about teaching nutrition. Her priority for students is that they learn about how nutrients interact with the biochemistry of the human body. Dianne regularly participates in advanced training to keep on top of the new information that needs to be integrated into our courses.

For more information about the faculty, please visit:

ntischool.com/nti-faculty-and-staff



Credentials

Private Occupational School

All programs and courses offered by Nutrition Therapy Institute are approved and regulated by the Colorado Department of Higher Education, Division of Private and Occupational Schools (DPOS). In its regulatory role, DPOS assures the student that the institution has an approved program of study, operates on a sound financial basis, has qualified instructors, approved recruitment and admission policies, and promotes its courses truthfully.



Bonded

NTI is bonded in compliance with the State of Colorado. NTI holds a surety bond in order to protect students against a loss of tuition fees should the school cease operations.

NANP Recommended School

NTI is a proud member and recommended school of the National Association of Nutrition Professionals (NANP). The NANP is the only professional business league wholly dedicated to furthering the cause, education and standards of the holistic nutrition industry.



Your one-time \$35 Advocacy Fee provides you with a one-year student membership in the NANP. The benefits you can access with this membership include education and conference discounts, as well as legislative affairs advocacy support. The NANP Legislative Affairs Division is the exclusive representation for holistic nutrition professionals and students in all legislative affairs issues nationwide.



Tuition

Nutrition Therapist Master Certification

Comprehensive, rigorous training in the therapeutic use of nutritional applications

Total Tuition Cost: \$11,970

(Does not include application fees or books)

Financially Flexible

Our Tuition features a pay-as-you-go arrangement, with no costs up front. Students pay as they sign up for each class.

Payment plans

Tuition for each class may follow payment plans. Such plans may be divided into multiple payments over the course of the class. No interest is charged.

For more information about tuition rates for specific courses, please visit:
ntischool.com/programs



Apply+Location

If you share the values of our program, we invite you to apply...

Admission to NTI is based on our assessment of your ability to succeed in the program. Students come from a diversity of educational and professional backgrounds, from those with PhDs to those with one year of college or no post-secondary education but life experience. Ages range from early 20s to late 60s. Many of our students have studied nutrition on an informal basis and are motivated by their passion for the subject and desire to help others.

You may apply anytime.

NTMC Program Enrollment

Go to the NTI website at learn.ntischool.com and click Start Your Application to create a profile.

Applicants to the Nutrition Therapy Institute submit the following enrollment documents:

- Application fee of \$115
- Advocacy fee of \$35
- Personal resume to include professional and educational experience
- Letter of intent, minimum of 250 words, to include personal and professional goals you expect to achieve at NTI
- One letter of recommendation highlighting your characteristics and past accomplishments that lend evidence to your ability to complete the program successfully
- College transcripts, or high school diploma or GED and three years work experience
- Enrollment Agreement

Prospective students may take one class with a Single Course Enrollment Agreement before applying to the full program. The full program application is then submitted for approval before progressing to the second course. Application fees are required with the full program application.

Our Location

We are located in the heart of Olde Town - Arvada's downtown district - just a 15min train ride away from downtown Denver. The administrative offices are found in a beautifully restored historic building at 5613 Olde Wadsworth Blvd. The building was constructed in 1893, and was the home of Arvada's first mayor starting in 1904. The surrounding downtown features a diverse array of local businesses all within walking distance - you will find galleries, boutiques, local shops, and many restaurants from small cafes to upscale full-service venues.



For More Information

To learn more about NTI and the Nutrition Therapist Master Certification Program, please call 303-377-3974 or visit our website: www.ntischool.com

Our admissions counsellors would be happy to meet with you – email or call us to schedule a meeting.

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